

RICE

FLAMEBAR & GRILL



NEWCASTLE

(METRO CENTRE)

APPETIZERS AND STARTERS:

- Thai Prawn Crackers** £3.49
Thai style crackers served with a sweet chilli dipping sauce
- Malaysian Chicken Satay** £4.99
Grilled, marinated chicken skewers with a spicy peanut sauce
- Jamaican Jerk Chicken Wings** £4.99
Caribbean style, tender firecracker chicken
- Cantonese Salt & Pepper Chicken Wings** £5.49
Accompanied by fresh cooked onions, shredded red chillies & spring onions
- Thai Fish Cake** £5.49
Minced fish, lemongrass, chilli & spring onions
- Thai Coconut Prawns** £5.49
Prawns in coconut and Katsu flakes with a sweet chilli dipping sauce
- Japanese Tempura Vegetable** £3.99
Selection of vegetables in a light Japanese batter, served with a sweet chilli dipping sauce
- Italian Suppli** £4.49
Risotto rice balls filled with mozzarella cheese
- Chinese Spring Rolls** £3.99
Handmade spring rolls with fresh Chinese vegetables wrapped in a light golden pastry
- World Combo Platter** £9.99
1 portion £6.49 2 portion £9.99
Jamaican jerk chicken wings, Italian Suppli, Thai fish cakes and Chinese spring rolls served with salad and dipping sauces

SHARE THE WORLD WITH RICE:

- All platters serve 2 people. All Served with Lemon Zest Rice (A citrus based rice that perfectly complements and draws on all the flavour of our grills.)
- Seafood Platter** £24.99
Scottish Line Caught Salmon - Finished with a Mediterranean rub
Fusion Tilimil Jhinga - Fresh water tiger prawns cooked in a fusion of world spices
French Rock Oysters - Lightly coated in rice flour and fried oriental style
Scottish Steamed Scallops with glass noodles - Harmonised with ginger & chilli
English Crab Claw - The simple taste of the sea...stuffed with crushed succulent crab and tiger prawn
 - Meat Platter** £23.99
North Indian Lollipop Chicken - Slow cooked, foil wrapped chicken, delicately infused with pomegranate masalas
Indian Tandoori Envious Chicken - Gently marinated & massaged with green herbs and green plants then stone grilled
New Zealand Lamb Chops - The finest chargrilled lamb chops
Indian Two Way Cooked Chicken - Clay oven cooked, finished on a stone grill with a tandoori and herb masala
Argentinean Beef Pepper Steak (4oz) - Mouth watering fillet beef seasoned with pepper and spices
 - Surf & Turf Platter** £24.99
A selection from both platters...
Scottish Line Caught Salmon
Fusion Tilimil Jhinga (Prawns)
New Zealand Lamb Chops
Tandoori Tangdi Chicken
Argentinean Beef pepper steak (4oz)

SOUPS:

- All soups served with Thai prawn crackers
- Chinese Chicken & Sweet Corn Soup** £4.99
A non-spicy wholesome blend of chicken & sweet corn soup
 - Thai Tom Yam Soup** £5.99
Hot & sour flavours with lemongrass, chilli & lime leaves
 - Vietnamese Pho Bo** £5.99
Famous beef soup with flat noodles
 - Japanese Seafood Soup with Udon Noodle** £6.99
A medley of assorted seafood & udon noodles in savoury clear soup

SUSHI:

- Assorted Sushi Platter** £6.99
- Vegetarian Sushi Platter** £5.99

WOK SEARED NOODLE DISHES:

- All dishes include noodles
- Thailand's Phad Thai** £8.49
A popular national dish, wok seared Thai flat noodles with Chinese leaf, beansprouts, egg & nuts
 - Japanese Yaki Udon** £8.49
Teppan-wok seared thick noodles laced in a savoury style with soy sauce
 - Thai Phad Si-Lew** £7.99
Thinly sliced fillet steak, flat rice noodles, egg & kecap manis. (sweet dark soy sauce)
 - Thai Spicy Seafood Noodles** £8.49
Indescribable sensation on your tongue, wok seared garlic noodle with mussels, prawns, squid, broccoli, onions, chillis, beansprouts, sesame & kecap manis.
 - Singapore Style Noodles** £8.49
Rice vermicelli noodles, egg, char siu, shrimps, red peppers, spring onions & Chinese leaf with a hint of curry flavour.
 - Chinese Hoisin Duck with Udon Noodles** £8.49
Japanese udon noodles with roast duck accompanied with a sweet sticky sauce.
 - Japanese Yaki Soba Noodles** £8.49
Wok seared thin Soba noodles in Yaki Soba sauce, Sri Lankan Tamarind fused with Japanese fruity spices

WOK SEARED RICE DISHES:

- All dishes include rice or noodles.
- Indonesian Nasi Goreng** £8.49
Wok fried spicy rice with paku mushrooms, lime leaves, spring onions & red peppers (Recommended: Basmati Rice)
 - Malaysian Chilli Chicken** £7.99
Spicy chicken encapsulated in spicy healthy oils blended with peppers & chillies (Recommended: Jasmine Rice)
 - Cantonese Crispy Chilli Shredded Beef** £7.99
Thinly sliced beef in a light crispy batter, with onions, bamboo strips & chillies (Recommended: Chinese Egg Fried Rice)
 - Jamaican Jerk Chicken** £7.99
Tender firecracker chicken, Caribbean style. (Recommended: Hopping John Rice)
 - Mexican Beef Chilli** £7.99
Lean minced beef, jalapeno & red kidney beans. (Recommended: Mexican Rice)
 - American Barbeque Chicken** £7.99
Sticky sweet succulent chicken with seasonal vegetables (Recommended: Chinese Egg Fried Rice)
 - Thai Basil Chicken in Oyster Sauce** £7.99
Wok seared chicken fused with fresh basil leaving a perfect aroma & unique clean taste (Recommended: Jasmine Rice)
 - Mongolian Lamb Ginger Spring Onion** £7.99
Sizzling lamb sealed with ginger & onion, wok seared with seasonal vegetables, served in an intense savoury sauce. (Recommended: Chinese Egg Fried Rice)
 - South American Jambalaya** £8.49
A classic deep south dish with prawns, chicken, chorizo, tomatoes, onions & peppers (Recommended: Cajan Spiced Rice)
 - Thai Coconut Chicken** £7.99
A fusion flavour of sweet and spicy blended sauce with mixed vegetables and chicken (Recommended: Wild rice)

CURRIES:

- All dishes include rice
- Thai Green Curry** £8.49
Spicy fragrant curry with coconut milk, Thai basil, bamboo shoots, aubergine, broccoli (Recommended: Thai Coconut Rice)
 - Thai Red Curry** £8.49
Slightly sweet & hot curry with coconut milk, Thai basil, bamboo shoots, mushroom, baby corn (Recommended: Thai Coconut Rice)
 - Japanese Java Curry** £8.49
Mild curry with carrots, potatoes & onions (Recommended: Sticky Jasmine Rice)
 - Japanese Chicken Katsu Curry** £7.99
Chicken breast coated in egg & bread crumbs with mild Java curry sauce (Recommended: Thai Fragrant Rice)

GRILL:

- All dishes include rice or noodles
- Japanese Grilled Chicken Teriyaki** £7.99
Succulent pieces of chicken breast marinated in teriyaki sauce (Recommended: Rice Stick Noodles)
 - Indian Chicken Masala** £7.99
Marinated in secret Indian spice. (Recommended: Pilaf Rice)
 - Argentinean Fillet Beef Pepper Steak** £8.49
Stone grilled fillet of beef in a marinade of olive oil, chopped parsley and cracked black pepper. (Recommended: Savoury shallot rice)
 - American Barbeque Chicken & Salsa** £7.99
Served with pita bread & rice
 - Japanese Yaki Salmon** £8.49
Wild salmon skewers marinated in Japanese & Malaysian spices. Served with rice stick noodles
 - Persian Fish Kebab** £8.99
A selection of cod, scallops, tuna, prawn & salmon served with saffron sauce (Recommended: Hopping John Rice)
 - Moroccan/Thai Lamb Steak** £8.49
Fusion flavour of dry spices & masala rubs, massaged into the lamb (Recommended: Brown Rice)
 - Italian Yellow Fin Tuna** £8.99
Marinated in lemon & cracked black pepper (Recommended: Wild Rice)
 - Indian Tandoori Seabass** £8.99
Encapsulated in a marinade of yogurt & tandoori spices (Recommended: Thai Fragrant Rice)

ACCOMPANIMENTS

- Rice** £4.49
African American Hopping John Rice - Long grain rice, black eye beans, tomatoes, peppers & onions
Indonesian Coconut Rice
Chinese Egg Fried Rice - Spring onions & peas
Thai Fragrant Rice
American Savoury Mushroom Brown Rice
Cajun Spiced Rice
Mexican Rice - Sweet corns & salsa
- Wok Seared Noodles** £4.99
Rice Stick Noodles / Vermicelli Noodles / Udon Noodles
- Wok Seared Pak Choi** £4.99

🌿 = Vegetarian option © = Calorie controlled 🍗 = Non-Halal

